

# Beyond the Flight

Communication from the UK Women's Disc Golf Association

Issue 5 - March 2022

## UKWDGA ANNUAL GENERAL MEETING

April 13th 7.00pm

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### Bag Tag Challenges

Although the Bag Tag League commenced in January at the Winter Wonderland event, the weather has been wet, windy, snowy and cold and therefore no one has really felt like getting out to challenge for Tags. However, since the last newsletter there have been



numerous challenges and some great photos shared in our Members Only Facebook Group. It's great to see players having fun again out there. The up to date status of who has got which Tag can be found in the Member Only

Page on our Website. Please remember to let Carole Findlay know via Messenger, when, where and which Tee you're playing a challenge and then the outcome whether Tags are changed or not. Your help in keeping the Status up to date is greatly appreciated. Photos are also great to see posted. Lets try and get some action shots too.

Remember as well as prizes for 1st, 2nd and 3rd at the end of the season there is a prize for Most individual Players played and Most Courses played, all whilst playing for Tags.

### Spring Sling & Tournament Officials

Due to a change in circumstances we had to make some changes to the arrangements for the Spring Sling and formed a working group, comprising the women who had registered for the event, to assist. This was extremely successful and as a result several Members took up the opportunity to take the PDGA exam. We now have Gabi Everett as TD and Melodie Zehnder as Assistant TD. Congratulations to Melodie, Elva Preston and Amanda Bryant for becoming the latest in what is now a total of 25% of our membership that are PDGA Certified Rules Officials.

### Monthly Draw

February saw another Disc draw and Laura Fyfe was the lucky winner of a Latitude 64 Sapphire Disc, courtesy of [London Disc Golf Community](#).

Congratulations Laura, let us know how you get on with flying this beauty.



February 2022 Disc Draw  
Latitude 64 Sapphire - 155g

### PDGA Rules Booklets

The PDGA made some changes to the Official and Competition Rules for the 2022 Season. A very kind donation has been made by Paul Donnelly, who purchased copies of the new rules booklets. He's giving one to Gabi Everett for inspiring the idea and a further 5 to Zoe Winfield for the UKWDGA to use at events by any of our Officials.

### BDGA Discover Disc Golf

The UKWDGA is supporting the BDGA initiative [Discover Disc Golf](#) in May. Check out their website by clicking the link and think about how you can get new people involved.

### Meet the Player

**Tiffany Strandbygaard**

This month we decided to find out a little more about a player based out of Scotland. Here are the quick fire questions and Tiffany's answers:



**1) How did you find Disc Golf ?-** Through friends of mine I met playing Ultimate Frisbee. Off Season meant they played disc golf and I decided to go alone one day and give it a try and was hooked immediately. **2)**

**When did you start playing and on which course?** I started playing in 2009 at my home course Sabattus Disc Golf in Maine, USA.

**3) Have you played other sports and if so how long ago?** I've played many sports in my life. I have snowboarded and mountain biked my whole life. Growing up I was big into roller hockey and soccer and in my college years I was an avid golfer, tennis player and ultimate frisbee competitor. Since graduating I've kept playing sports with folks from work but mostly focused on solo sports like disc golf, snowboarding and mountaineering.

**4) Do you prefer Recreational or Events?**

Recreational play is what brought me to disc golf. The community around the course and the people you meet on a casual day out are what make this sport for me. Don't get me wrong, I love chasing ratings and competition with my peers but what keeps me coming back is the casual day out throwing the whole bag at the basket.

**5) Do you prefer Backhand or Sidearm?**

Backhand dominant with a serviceable forehand when the hole calls for it.

**6) Favourite Putter, Mid and Driver.**

Vibram Summit, Discraft Buzzz and Vibram Lace.

**7) Most favourite Course played to date.**

Maple Hill has and always will be my favourite. Played many times, as when I'm Stateside I only live an hour away.

**8) Most challenging course you've played.**

Maple Hill Gold is the most challenging as it's a Pro Open course, but Bluebell Woods in Dunbar Scotland offers the best variety of holes and challenges of most courses I've played.

**9) Have you introduced anyone else to disc golf?** I have introduced a lot of people to this sport. Always the person inviting my

co-workers or friends from other hobbies out. Even got a few folks started just from conversations in the park and a spare disc given away. It's all part of the fun isn't it? Share the love!

**10) What would benefit you most as a player both Recreationally and at Tournaments if you could change anything?** My putting. It has and seemingly will continue to be the bane of my game. Doing the work this Summer, trying to do 100 putts 4+ days a week for the season.

**11) Do you have any thoughts on promoting disc golf in Scotland for women?** Events like the Women's Global Event are a fantastic opportunity for disc golf in Scotland to



co-opt the visibility larger areas create in terms of advertising and media marketing. Otherwise, I would love it if someone from the women's side of the house started Scotland's

first putting league. I've been scouting venues and would love some help from other women to bring it together.

**12) A fun fact about you.** I spin fire/perform fire shows at music festivals and haunted hay rides/ Christmas events/ New Years parties as a side hustle.

**13) If there's one disc golf player that you'd like an autograph from, who would that be and why?** James Conrad. I really relate to his style of play, putter and midrange heavy with emphasis on angle control - and I love his personality and outdoorsy he is. Would love to spend a few weeks tree camping and playing disc with him.

### Annual General Meeting - Important

The Annual General Meeting (AGM) is fast approaching and you should keep your eye on emails being sent out regarding the Roles, Executive Reports, Voting and the link to join us in the inaugural meeting. We really would appreciate you giving us 30mins to an hour of your time, to discuss what we have been doing, who will be moving forward as your Executive Members and how you can shape the future of the Association.