

Beyond the Flight

Communication from the UK Women's Disc Golf Association

Issue 6 - April 2022

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2022 Spring Sling

A glorious sunny Saturday at Reboot Disc Golf, Dunbar was the scene set for the inaugural [UKWDGA](#) Spring Sling. With 33 players on the day, of which 15 were women, a newly qualified TD and Assistant TD plus an awesome group of UKWDGA members who contributed to the working group to assist with organising and player packs etc.,



the event was deemed a great success. Thanks to [Nic Gordon](#) who captured some great shots. You can see these by clicking his name above. Congratulations to all the Division winners and a big thank you to all the guys who came to play and support the women at this event. The UKWDGA donated funds to provide a portaloos at the event.

More Supporters

We were pleased to announce during April the inclusion of [Whalesacs](#) who contacted us to offer their support. The creator and owner Tina Oakley is a great supporter of women in disc golf and she felt compelled to reach out and offer her support to



the UKWDGA. Thank you Tina.

We also had another supporter join the ranks of great names supporting our aims and objectives and that was [DiscDot](#). Rick and Natasha developed their putting tool out of frustration and are now



selling 1000's around the world and sponsoring tournaments. Thanks for your help and support of the UKWDGA.

Monthly Draw

March saw another Disc draw and Nicky Hunt was the lucky winner of a Latitude 64 Jade Disc, courtesy of [London Disc Golf Community](#). Congratulations Nicky, we look forward to seeing you rip this down the fairway.



March 2022 Disc Draw
Latitude 64 Jade 163g

More Tournament Rules Officials

Offering support and opportunities to grow the sport for women is one of our aims and objectives. We have a few members who have joined the UKWDGA from overseas for a variety of reasons. [Luisa Bartolome](#) joined us all the way from the Philippines and has now successfully passed her PDGA Rules Official Exam with classroom support from our Chair, Zoe Winfield. We now have 27% of our membership who are now qualified Rules Officials! Luisa has also just become the PDGA Country Coordinator for the Philippines and is doing some amazing things to grow the sport.



Meet the Player

[Laura Fyfe](#)

PDGA #150220 UKWDGA #005

This month we decided to find out about Laura's thoughts on all things disc golf. Here are the quick fire questions and Laura's answers;



1) How did you find Disc Golf?- At the beginning of the first Covid lockdown I went hunting for quieter places to do my daily walk, this led me to Ruchill Park in Glasgow where I spent a good few weeks wondering what on earth those weird baskets were! It finally twigged and when restrictions finally lifted a friend and I played an hilarious first

round with a pair of Aerobie frisbees and I was hooked from that moment.

2) Have you played other sports and if so how long ago? I've only really played team sports, a bit of Korfbal, Football and Lacrosse but my true passion was Hockey where I played in goal for 15 years at a decent level. It's a completely different mindset to disc golf but making a save is probably the same level of adrenaline as sinking a crucial putt. I stopped playing when Covid came along but would like to go back to it sometime.

3) Do you prefer Recreational or Events?

I probably prefer events especially when there is a large field of women as I love seeing what everyone else is throwing and comparing everyone's very different styles. I also really like having a rating system and being able to see my performance against my own standard rather than others. I recently played in a Matchplay tournament which I really enjoyed the format of.

4) Do you prefer Backhand or Sidearm? My sidearm is almost non-existent so I would have to say backhand. It's so bad I'd even had a go at a left hand backhand as an alternative! Sadly I'm not getting the same results with it as Eagle McMahon has.

5) Favourite Putter, Mid and Driver. Putter = Fierce (feels really nice and they all have such pretty colours. Mid = Tactic (overstable approach disc which does the same thing every time without fail, so dependable!). Driver = Maverick (an absolute must for any women just starting out, or who has small hands like me. Honourable mention must go to the Sapphire which I won through the UKWDGA raffle - I've only thrown it for a few rounds but when I get it right it flies for miles).

6) Most favourite Course played to date. Nothing beats Bluebell Woods at Dunbar, it's such a special, calm place in the woods and I love going there. The abundance of trees makes it such a challenge too. I highly recommend people make a trip up to play it.

7) Most challenging course you've played. Probably Loch Tay, a stunning course but I fell over and down hills multiple times and was picking thorns out of my knees for weeks.

8) Have you introduced anyone else to disc golf? I try to get everyone I meet to play disc golf, and succeeded in getting my 70 years



old Dad, Brother and Nephews to give it a go on holiday in Arran.

9) What would benefit you most as a player both Recreationally and at Tournaments if you could change anything? I think in order for the sport to grow participation amongst women in the UK, Clubs and TDs need to improve the provision of toilet facilities at courses and tournaments. I have personally played tournaments really dehydrated because of lack of toilets, and that just isn't good enough. I'm very grateful to Seamus at Bluebell for always hiring portaloos.

10) Do you have any thoughts on promoting disc golf in Scotland for women? This is something I'd like to put more effort into this year - half the battle is just spreading the word of disc golf and I'm open to hearing any ideas for doing so.

11) A fun fact about you. I'm off to Finland and Sweden this year to watch the European Open and play on the Aland Islands. Can't wait to experience pro level disc golf in the flesh.

12) If there's one disc golf player that you'd like an autograph from, who would that be and why? I have a bit of a crush on Simon Lizotte so it would have to be him.

AGM - Members voted in

The UKWDGA had its first AGM on April 13th, 2022. Minutes can now be found in the Members-Only section of our website. Members were voted into the following positions;

Chair - [Zoë Winfield](#)

Secretary/Treasurer - [Carole Findlay](#)

Membership Officer - [Gabi Everett](#).

2022 Summer Soirée Event

July 9th is the Summer Soirée, at Longford Park, Manchester. Free to play for UKWDGA Members, with 2 rounds of 18 holes followed by a Free Members-only Putting for Dots Competition, sponsored by [DiscDots](#). Everyone who enters the putting competition will receive a DiscDot to take away, to help them progress with their putting. The Winner will get another DiscDot!

What will the putting competition involve? - **4 Rounds of putting, from stations 3mtrs, 5mtrs, 7mtrs and 9mtrs from the basket, with 3 putts per station. You get a score of 3 Dots for a completed putt in the basket and 1 Dot if you "hit metal". The person with the most Dots wins.**

More information on the event will be out soon including entrance fees for non members/supporters for the main event.