

Beyond the Flight

Communication from the UK Women's Disc Golf Association

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New Membership Year

2023 Membership Welcome Letters and Membership Benefit Packs have been flying out thick and fast as we hit the 70 Members mark so early is incredible. With returning members and new ones too, we are delighted to start the year with positive news. We've also had some members braving the weather and heading out to try their new discs, from our Supporter [MVPDiscSports](#), with some very positive feedback on greater distance with these lighter weight discs.



2023 Winter Wonderland

The second Winter Wonderland, presented by the UK Women's Disc Golf Association, was moved from last years venue at Sherwood Pines to King George V NG18 course for a change of course type and challenges this year. Opening all Divisions for players to choose which best suits them, we had increased numbers on last year and catered for [13 Divisions](#).



We are also proud that 2 of our members, having passed their PDGA Officials Exam last year, decided to take on the running on the

day as TD [Elva Preston](#) & Assistant TD [Amanda Humphries](#). We hope to continue to empower more of our members to help out in the future with a variety of events. All division winners received a prize along with 2nd and 3rd prizes, where divisions had 2 or more players. With a follow up survey we received some very positive feedback from players and some useful insights. Thank you to all who took the time to complete the survey. Congratulations to all participants who braved the winter weather and to all our winners, who can be found [here](#).

An Interview with Elva Preston

Elva is one of our more active members, travelling around the UK playing recreationally as well as competitively on many courses. With her recent success as TD at the 2023 Winter Wonderland we decided to find out a little more about Elva....



How did you find out about Disc Golf?

"I played a round at Quarry Park back in 2017, one of my Ultimate friends who lived in Leamington suggested the activity. I didn't play again until 2021 when I organised a social event there for my local Ultimate Frisbee Team. Once we realised there was a way to keep throwing discs in the pandemic and that we had a few local courses to try, we bought a few discs and it grew from there."

Besides Ultimate have you participated in any other sport or activity during your life?

"Yes way too many to list them all! Most successfully was athletics where I competed in pole vault and hurdles. At university I tried a new sport each year and made the British

University and College Sports Team for each one!"

How have you found the transition from Ultimate to Disc Golf?

"In terms of my weekend structure not very much as there is a lot of travelling involved in Ultimate too. They are also both great sports with amazing people involved in running teams and events. In terms of actually throwing the disc and competitive mindset they are very different!"

What is your favourite Putter, Mid-range and Distance Driver?

"Putter - Paige Pierce Fierce, Mid-Range - MVP/Axiom Hex, Distance Driver - Discraft Hades."

So you have a mixed bag?

"Yes I do! Primarily Discraft and MVP but also love my RPM Kea and I also have some Latitude 64 and Innova favourites & Thought Space."

What do you find the most challenging in disc golf play?

"Probably the balance between having a laugh with my card and focusing on my game. I really need to concentrate to get the best out of my game but everyone is so lovely, it's hard not to be chatting away."

What are your future plans for disc golf?

"Keep on playing! I want to keep on improving my game, get my rating higher and really push to compete in FPO. I also want to help grow the sport as a whole and especially for women."

What practice work do you do?

"We have a practice basket at home in the garden so I try and get out putting as much as I can. We are also lucky enough to have Beacon Park course in Lichfield on our doorstep so when the nights are lighter we go there 2/3 evenings a week. In the winter I play more ultimate frisbee just so I always have a disc in hand."

Which FPO do you like to watch and why?

"It's hard to choose out of all the FPO women on tour to be honest! I like watching Paige as she is the GOAT, I like watching Ella Hansen throw so far, I love Kristin's form, it's so smooth and Hailey King. But for going out and putting the UK disc golf scene on the map it's got to be Rachel Turton."

Which course around the world would you most like to play?

"Probably Maple Hill. It's rated the highest in the world and it would be so cool to play a course the Pros play on tour."

You recently ran the 2023 Winter Wonderland as Tournament Director on the day. How did you find that experience?

"All round, very positive. Everyone was very helpful and friendly, we had a good turnout and no major dramas!"

Anything else you would like to mention about your experience so far with Disc Golf.

"Just that I feel lucky to be part of a great sport with such lovely people! I can't wait to see what the future holds."

Members Monthly Draw

Our January Disc draw was for this amazing



stamped [Axiom](#) Special Edition Virus Gyro, provided by our Supporter [London Disc Golf Community](#)

Congratulations goes to our lucky member who works so hard in the

Liverpool area to grow the sport, [Joanna Kenyon](#).

Members Travels

We are always happy to see Members trying different courses when travelling. Remember with your Udisc App and free Pro subscription from our Supporter [Udisc](#) you can find any course in the world, check out information before you play and keep a record of how you played. Next time you plan time away, take a disc/discs with you, find the nearest course and go play, then post your photos in our members group #discgolfdestination. Member Gabi Everett pictured here, played at [Colinas do](#)



[Piracicaba](#) course in Brazil whilst visiting family. Member Carole Findlay joined UKWDGA Patroness, Zoë

Andyke, in Oregon, USA and played a Monday Night Putting League in Eugene,

which featured baskets outdoors and indoors and she made some new friends. She also played at [Dexter Park](#) and [Twisted Pines](#). Let's see your disc golf travels and photos.

